

Inspire Sleep Remote™

Quick Guide



Inspire Sleep Remote Model 2500





STATUS RING

White.....Therapy is off

Green—Solid.....Therapy is on and stimulation is on

Green—Dimming & Brightening.....Therapy is on, stimulation is paused

TURNING THERAPY ON

- Press the Therapy On (▶||) button and hold the sleep remote over your generator for 10 seconds or until the sleep remote produces an audio tone.
- When the therapy is turned on, the generator will produce a brief stimulation pulse.

TURNING THERAPY OFF

- Press the Therapy Off (O) button and hold the sleep remote over your generator for 10 seconds or until the sleep remote produces an audio tone.



DECREASING STIMULATION STRENGTH

- Press the Decrease button (**-**) and hold the sleep remote over your generator for 10 seconds or until the sleep remote produces an audio tone.
- If the sleep remote produces three beeps immediately when you press the Decrease button (**-**), stimulation strength is at the lower limit.


INCREASING STIMULATION STRENGTH

- Press the Increase button (**+**) and hold the sleep remote over your generator for 10 seconds or until the sleep remote produces an audio tone.
- If the sleep remote produces three beeps immediately when you press the Increase button (**+**), stimulation strength is at the upper limit.

PAUSING THERAPY

- While the therapy is on, press the Therapy On button (**▶||**) and hold the sleep remote over your generator for 10 seconds or until the sleep remote produces an audio tone.

FINDING THE GENERATOR

- Press the Therapy Off button () and move the sleep remote near your generator. When the sleep remote produces two beeps with the second beep at a higher tone than the first, you have found the generator location.
- If the sleep remote produces three rapid beeps, you have not found the generator location. Try again.

AUDIO TONES

TWO BEEPS WITH THE SECOND BEEP AT A HIGHER TONE THAN THE FIRST



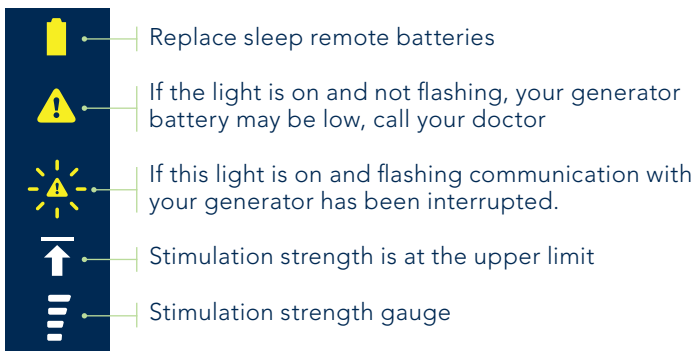
- Communication with the generator was successful.

THREE RAPID BEEPS



- Communication with the generator was not successful, try again.
- Stimulation is at the upper or lower limit.

STATUS INDICATORS



For more information, visit www.InspireSleep.com/Patients