

Finding the Generator

- Press the Therapy Off button (O) and move the sleep remote near your generator. When the sleep remote produces two beeps, with the second beep at a higher tone than the first, you have found the generator location.
- If the sleep remote produces three rapid beeps, you have not found the generator location. Try again.

Audio Tones

	Two beeps—the second beep at a higher tone than the first	• Communication with the generator was successful
	Three rapid beeps	• Communication with the generator was not successful, try again • Stimulation is at the upper or lower limit
	Two repeating beeps of the same tone	• Sleep remote is updating the generator • Wait until complete & the success tone is played • Update may take several seconds

Status Indicators

	Replace sleep remote batteries		Stimulation strength gauge
	If the light is on your generator battery may be low, call your doctor		If this light is flashing the sleep remote is in Bluetooth® pairing mode and can be paired to your phone. If solid, a software update is occurring.*
	Stimulation strength is at the upper limit		If this light is flashing RF signals are interfering with communication with your generator. Move away from interfering devices. Tablets and laptops are potential interfering devices.

*Where locally available.

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Welcome to a better night's sleep.

Inspire Sleep Remote™ Quick Guide



2580

CE Rx
0344 ONLY



Status Ring	
White— Solid	Therapy is off
Green— Solid	Therapy is on and stimulation is active
Green— Slowly dimming & brightening	Therapy is on and stimulation is paused or therapy is in start delay

Turning Therapy ON

- Press the Therapy On (▶||) button and hold the sleep remote over your generator for 10 seconds or until you hear an audio tone.
- When therapy is turned on, the generator will produce a brief stimulation pulse.

Turning Therapy Off

- Press the Therapy Off (O) button and hold the sleep remote over your generator for 10 seconds or until you hear an audio tone.

Decreasing Stimulation Strength

- Press the decrease button (—) and hold the sleep remote over your generator for 10 seconds or until you hear an audio tone.
- If you hear three beeps immediately when you press the decrease button (—), stimulation strength is at the lower limit.

Increasing Stimulation Strength

- Press the increase button (+) and hold the sleep remote over your generator for 10 seconds or until you hear an audio tone.
- If you hear three beeps immediately when you press the increase button (+), stimulation strength is at the upper limit.

Pausing Therapy

- While the therapy is on, press the Therapy On button (▶||) and hold the sleep remote over your generator for 10 seconds or until the sleep remote produces an audio tone.

Pairing with Inspire App*

- Remove battery cover and hold down pairing button for 3 seconds until Bluetooth light starts blinking. Follow instructions on Inspire App to complete pairing.

**Where locally available.*